

brainLight®

LIFE IN BALANCE

brainLight-4D-Shiatsu-Massage-Chair
SPHERE



*Be in balance
... and feel the difference.*

ENGLISH

So much more than simply a massage chair:



Since 1988, we strive to support people with our products in their search of a happy and harmonious life. We are convinced that a world, in which everybody can consciously and steadily develop their inner potential and their (co-)human strengths, is a better place to live in for everyone. For our products to contribute to people dealing responsibly with their own personality and thus establishing this as a way of life in all of society is a deep desire of ours. Admittedly, a lofty and long-term goal, for which we are willing to give our best every day anew: in improving our technology and product line, in dealing with our clients, in the way we interact with each other in our company, and in working to enhance our own inner balance within and without the **brainLight-Team**.

RELAXATION AT THE TOUCH OF A BUTTON

The **brainLight-Deep-Relaxation-System** implements a technological solution that combines different relaxation techniques so that they support each other. It is an audio-visual system that uses light- and sound stimuli, transferred through headphones and visualization-glasses to guide you quickly and reliably from feeling tense into a state of relaxation. This is supported and pleasantly amplified by the Shiatsu massage and the heating function of the massage chair.

EASY TO HANDLE

The handling of the **brainLight-Systems** is really easy: Make yourself comfortable in the massage chair, choose a program and put on the visualization-glasses and

headphones. Even if you are new to this, you will be able to leave your daily routines behind and regenerate quickly. The **brainLight-Sessions** are an effective method to find your inner balance and to smooth out some rougher edges of your personality.

A UNIQUE EXPERIENCE

Within a **brainLight-Session** you will experience a unique form of relaxation of body and mind. Within a few minutes you will feel calm and deeply relaxed. Your breath slows down and gets more even. In addition to the light-stimuli of the visualization-glasses you hear beautiful, relaxing music, with or without spoken accompaniment. Through this sensuous symphony of light, sound, and voice you will be transported into an as yet unimagined new world. Your mind seems to float and you experience yourself in an

intense and totally new way. Exciting colors, shapes or patterns emerge in front of your inner eye. To imagine how you might experience these stimuli to your eyes and ears, picture the magic of a flickering open fire, the interplay of light and shadow while traveling along a tree-lined road or the sparkling of the sun on the waves of an ocean.

THE WORKINGS OF THE AUDIO-VISUAL TECHNOLOGY

A small, highly-developed computer – the heart of the **brainLight**-System – produces visual and optical signals which get transmitted per visualization-glasses and headphones. The brain spontaneously adjusts

to these frequencies and then produces its own frequencies, which correspond to the predefined impulses quite naturally.

Users of the **brainLight**-Systems are guided into very different states, depending on what kind of program is chosen. This can be either a meditation, relaxation or mental clarity. This phenomenon was named by Robert Monroe, a US-American, in the sixties. Stated in simple words, according to his theory – the so-called Frequency-Following Response (FFR) – the human brain follows a sonic or visual stimulus to which it is exposed over a longer period. In time it begins to vibrate in the same electric wave pattern as the given stimulus.

brainLight®-Visualization-Glasses

An important component of the **brainLight**-Systems are the visualization-glasses. We offer these visualization-glasses with light-emitting diodes (LEDs) in different colors and in two different styles – for the curious, the adventurous, and people with special needs. Which kind of visualization-glasses one needs depends on your personal preferences. Following some information for your guidance.

LEDS IN DIFFERENT COLORS

The **brainLight**-Visualization-Glasses with **white LEDs** are the standard feature of the **brainLight**-Systems. The color white produces the longest light wave and thus reaches most of the light receptors. These visualization-glasses produce the best stimulation. People, who do not see any colors in the beginning, while using white or green LEDs, will enjoy beautiful and bright light effects almost instantly when using **red LEDs**. The degree of stimulation is somewhere between the white and the green visualization-glasses. The visualization-glasses with the **green LEDs** are especially suitable for people whose eyes are sensitive or even highly sensitive to light. We also recommend them when using learning sessions and for children.

TYPES OF GLASSES

Our standard visualization-glasses are the **Transparent-Visualization-Glasses**, available in all three different LED colors. The opaque **DARK EDITION** are our special visualization-glasses, available in all listed colors and because of the more intense light-stimulation especially suitable for advanced users. The glasses of the **DARK EDITION** are completely light-tight. That way you are very well protected against any surrounding light changes when doing a **brainLight**-Session.



Standard-Visualization-Glasses transparent

Visualization-Glasses **DARK EDITION** opaque



A sensuous symphony of light, sound,



BASIC CONFIGURATION

The **brainLight-Complete-System** contains 31 audio-visual Basic Programs: The **brainLight-Introductory-Program PLUS** thirty 10- to 30- minute programs.

A DELIGHTED CUSTOMER:

„By using **brainLight** I can relax really well, feel better recovered and more fit, mentally as well as physically. Since then I nearly always got top marks, even though I had been out of school for a long time and wasn't used to studying any more. After a **brainLight-Session** I can assimilate learning content really well, which is a super help and motivates me to study. **brainLight** is a fountain of youth for me and my brain, and like a brief vacation for my body. I truly like the music, and the voices are pleasant, so that I can let go easily.

The noticeable, positive effect has convinced me and I am very pleased and delighted. I recommend to anyone who can afford to buy a **brainLight-System** to do so as an investment in one's own health and thus one's whole life. Certainly a worth-while investment!“

Jenna Meier

(Geriatric Nursing Student, Germany)

BASIC PROGRAMS

10-Minute-Programs

- Positive affirmations for the beginning of your day
- Positive affirmations for the end of your day
- Piece of music „Free Flow“
- Piece of music „Chill Fit“
- Piece of music „Energy“
- Piece of music „Free Time“
- Quick meditation „Stocking up on energy“
- Quick meditation „Being powerful“
- Piece of music „Shift“
- Piece of music „Timeless“

15- and 20-Minute-Programs

- Piece of music „Fantasy“
- Piece of music „Space“
- Piece of music „Creativity“
- Piece of music „Wellpower“
- Piece of music „Deep Inside“
- Piece of music „Do It“
- „Refreshed and cheerful within 15 min.“
- „Tranquil and balanced within 15 min.“
- Piece of music „brainFlight“
- Narrated relaxation session „Journey through the body“

27- to 30-Minute-ALL-INCLUSIVE WELLBEING-SESSIONS

- Piece of music „Sky“
- Piece of music „Chill Out“
- Piece of music „Falling Waters“
- Piece of music „Freedom“
- Piece of music „Ocean“
- Autosuggestion „Enhancing your concentration“
- Autosuggestion „Creative problem solving“
- Autosuggestion „Selling successfully“
- Autosuggestion „Dealing with stress“
- Autotrance „Fantasy journey“

and voice: The **brainLight**[®]-Programs



* Glass-Metal-Pillar not part of the standard delivery contents!

Use the audio-visual **brainLight**-Technology in a certain area of interest, for relaxation, learning languages, reaching the weight you feel good with, increasing your performance levels, or for mental- and motivational training. Thanks to the modular construction of the **brainLight**-Systems you can expand your system anytime with additional program-sets.

The Synchro PRO allows you to combine your own selection of music with the 50 fixed- and frequency-fixed programs as well as additionally chosen **brainLight**-Programs. This is possible by using your smartphone, CD- or MP3-player.

OUR CHIEF TECHNICAL OFFICER IS OVER THE MOON:

„The **SPHERE** has clearly become my favorite massage chair. What I appreciate about it most are a very exact bodyscan, a super 3D-mechanism and six settings for depths, which allows for a softly tuned massage and a great L-track-function. This allows the massage rolls to go all the way down to the buttocks and to relax this area as well.

The air pressure- and roller-massage has been synchronized especially by us, so that even in the automatic functions a unique massage experience can be achieved easily. It is also a compact system that is light in weight and has a great design.

Another really great PLUS of the **SPHERE** is the ease of navigating through the different functions and the Negative-Ions-Function. The latter supports me in being able to concentrate at work even better.“
Reinhold Sauer, Germany

A sensuous symphony of light, sound,

INSTANT PROGRAMS

All **brainLight**-Programs are instant-programs, meaning they consist of coordinated light- and sound frequencies, music, and possibly spoken accompaniment. They are put together in a variation of very different topics, so-called program-sets.

ENGLISH PROGRAMS



On this page you will find an overview of all program-sets available to date in English.



THE **brainLight**-INTRODUCTORY-PROGRAM IN DIFFERENT LANGUAGES

Chinese, Czech, Danish, Dutch, French, German, Hungarian, Italian, Japanese, Norwegian, Polish, Romanian, Russian, Slovakian, Spanish, Turkish, and Urdu.



MUSIC PLEASURE CLASSICAL TO MODERN

10 programs of "Purely Enjoying Music" without any spoken accompaniment. A symphony of light and sound, spanning from classical music of great composers to Latin, Lounge, New Age, meditation music, and all the way to Progressive Rock.



BASIC PROGRAMS

31 programs: **brainLight**-Introductory-Program PLUS thirty 10- to 30-minute programs for relaxation, meditation and to unwind.



CLEVER – POSITIVE LEARNING EXPERIENCE TRAINING

10 programs to support faster and easier learning, designed to allow the training of your brain according to the newest standards of neural engineering.



SPORTS PROGRAMS

10 programs of mental training for success in your sport. Such as: Gearing Up for Competition, Confidence and Self-Esteem, Muscle Memory Rehearsal, and Positive Target Focus Training.



MAGIC SOUNDS BY DIETRICH VON OPPELN

These 10 **brainLight**-Programs allow you "Pure Enjoyment of Music" with some spoken accompaniment. For relaxation, dreaming, and meditation.



CHILLOUT LOUNGE BY JESSICA BORN AND GEORG CROSTEWITZ

5 **brainLight**-Programs with timeless songs about silence and paying attention to all the small, but essential and beautiful things of life.



YOUR PERSONALIZED **brainLight**-SYSTEM

In addition to the basic programs you can acquire different program-sets of your choice, whose topics fit your desires and goals. Our new software makes it possible to combine all **brainLight**-Programs that you are interested in, into your own personalized **brainLight**-System!

PROGRAMS IN ADDITIONAL LANGUAGES

The range of the **brainLight**-Program-Sets is continuously added to and expanded according to the wishes of our customers.

On this page you will find an overview of all the programs available to date in other languages.



CZECH:

- 31 Basic Programs
- 10 Programs „Požitek z hudby“



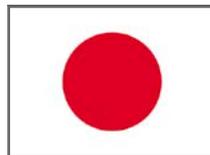
HUNGARIAN:

- 26 Basic Programs



DANISH:

- 26 Basic Programs



JAPANESE:

- 31 Basic Programs



FRENCH:

- 41 Basic Programs („Bien-être“)
- 10 Programs „Méditation & inspiration“
- 23 Programs „Clever“
- 20 Programs „Sport“
- 10 Programs „Plaisir musical“
- 10 Programs „Pleine conscience“
- 30 Programs „Auto-Guérison“
- 10 Programs „Training autogène“
- 10 Programs „Sans tabac“
- 10 Programs „Sons magiques“
- 20 Programs „Sommeil“
- 5 Programs „Chillout Lounge“



POLISH:

- 20 Basic Programs



ROMANIAN:

- 31 Basic Programs



RUSSIAN:

- 31 Basic Programs



brainLight®-4D-Shiatsu-Massage-Chair SPHERE

Your Wellness-Sphere: The **brainLight-4D-Shiatsu Massage Chair SPHERE**, wrapped in OEKO-Tex 100 certified leatherette! It allows massages from neck to buttocks, tip of your fingers to the tip of your toes. Individually adjusted, when using the Health Check function or manually chosen, according to your needs in any moment: This feels good right now, in just this intensity. Add to this the Negative-Ions-Function, which can heighten your sense of ease. Combined with the light and sound of the **brainLight-Systems**, **SPHERE** offers you a perfect experience of well-being.

NEW: HEALTH CHECK

- Heart rate and oxygen saturation in your blood are determined
- Calculated state of exhaustion (0-100)
- Allows for a massage calibrated accordingly

NEW ADJUSTMENT POSSIBILITIES WHEN DOING A **brainLight**-SESSION

- Intensity of the air pressure- and back-massage can be **decreased or increased within the first 5 seconds** of choosing a program on the **brainLight**-System for the whole length of the program
- Intensity of the air pressure- and / or back-massage can be **individually adjusted** during a **brainLight**-Session. **Deactivating the air pressure massage** is possible throughout each session.
- **Heating function** in lower back area can be turned on or off **during a brainLight-Session**

AVAILABLE IN 5 COLORS



FUNCTIONS

- **12 automatic programs in 3 categories:** Classic (Relax / Refresh / Stretch / Sleep Aid / Relief / Wake up), Special (Limber up / Wellbeing / Fit), Focus (Neck / Lumbar / Thigh)
- **Bodyscan** for detecting the individual back length; massage is automatically adjusted
- **3D-Mechanism:** 6 levels of intensity
- **Pinpoint positioning** of the massage rolls
- **6 types of massages:** Kneading, Tapping, Knocking (Pounding), Clapping, Interval and Shiatsu for back- and buttocks-area with up to 6 speed settings
- **Air pressure massage** for the following areas are available in three intensity settings: Shoulders, Arms/ Hands, Legs/ Calves – can be chosen separately or combined
- **Massage for the soles of your feet** with 3 speed settings
- **Heating function** for your lower back with three different intensity cycles:
Cycle 1: 1 minute on, 2 minutes off;
Cycle 2: 2 minutes on, 3 minutes off;
Cycle 3: 5 minutes on, 1 minute off
- **3 massage chair positions** manually selectable – down to **Zero Gravity Position**
- **Position of seat angle** and footrest can each be adjusted individually
- **Timer function**
- **Automatic switch-off**
- **Very energy- and space-saving**
- **Easy to assemble**

NEW: NEGATIVE-IONS-FUNCTION

Can boost emotional wellbeing, performance, ability to concentrate, and being in a good mood; promotes peaceful sleep, breathing more easily, and less tiredness; lowers blood pressure, delays aging processes, removes fine particles, aerosols, bacteria, germs, viruses, and neutralizes odors (within minutes).

Functions and Features

FEATURES

- **Control panel** with clear LCD display in different languages (German, English, French, Polish, Czech)
- **Easy to reach shortcut buttons** on right side panel to choose automatic program, 3D-intensity, angle of chair, heating function, foot-sole massage, and Off function of chair
- **USB-A-port**
- **Storage compartment for smartphone** in left side panel
- **Connecting cord** to the **brainLight-Synchro PRO** or **relaxTower PRO**
- **Accessory bag** for storing the **brainLight-Visualization-Glasses** on right side panel
- **Foldable backrest pad in the back-/seating area** can be folded into a second head cushion or can be removed, if a stronger massage intensity is desired
- **Foam pads for the foot area** – can be inserted, if a softer foot-sole massage is desired
- **Cover material** made out of **OEKO-Tex 100** certified leatherette

ADDITIONAL OPTIONS

Overlay available in all five colors to soften the intensity of the back massage

100,- €

TECHNICAL SPECIFICATIONS AND DETAILS

Vertical range of the massage rolls: 125 cm

Position angles of the chair: 130° – 155°

Operating voltage: AC 220 – 240 V; 50 – 60 Hz

Wattage: 170 W

Motor voltage: 24 V

Weight: 75 kg +/- 3 kg

Dimensions: approx. L 140 cm x B 74 cm x H 112 cm

approx. L 4' 6" x W 2' 4" x H 3' 7" (feet & inches)

Dimensions when chair is fully reclined and the footrest positioned horizontally:

approx. L 156 cm x B 74 cm x H 97 cm

approx. L 5' 12" x W 2' 4" x H 3' 2" (feet & inches)

PRICE

brainLight-4D-Shiatsu-Massage-Chair SPHERE:
4.800,- €

All prices are net prices. Shipping costs excluded.

Shortcut buttons on top of side panel



Massage from neck to buttocks



Your *Wellness-Sphere* right at home:



TECHNICAL SPECIFICATIONS AND DETAILS **brainLight-SYNCHRO PRO CHAIR**

Dimensions: Base plate: 23 cm x 23 cm (approx. 9 x 9 inches); Height: 16,5 cm (approx. 6.2 inches); Side length: 22,5 cm (approx. 8.9 inches);

Weight: 1,2 kg

Color: Black or white

- Touch panel
- Backlit LCD-display
- Display of program number and remaining session time
- Automatic stand-by mode
- Statistical survey: number of individual- and total sessions
- 50 fixed- and frequency-fixed programs as well as additionally chosen **brainLight**-Programs, can be combined with your own music selection by using your smartphone, CD- or MP3-player, laptop, or other external sound sources.



ADDITIONAL OPTIONS

Add program-sets of your choice:

One additional program-set: 334,45 €

Three program-sets at a discount-price of: 500,- €

Overlay available in all five colors to soften the intensity of the back massage: + 100,- €

Glass-Metal-Pillar with holder for headphones: 83,19 €

brainLight stool: 25,21 €



DELIVERY CONTENTS

1 **brainLight**-4D-Shiatsu-Massage-Chair

SPHERE and

1 **brainLight**-Synchro PRO with 31 basic programs



BASIC-PROGRAMS

31 programs: **brainLight**-Introductory-Program PLUS thirty 10- to 30-minute programs for relaxation, meditation and to unwind.

1 pair of Visualization-Glasses (white LEDs) with intensity regulator

1 pair of headphones with volume regulator

1 TÜV*-certified adapter (220 V or 110 V) – with GS-sign (safety proven)

1 adapter cable

(TÜV* – German Association for Technical Inspections)

PRICE

brainLight-Synchro PRO 4D-SPHERE:

5.800,- €

All prices are net prices. Shipping costs excluded.

Treat yourself to a pleasant relaxation experience with the **brainLight**-Synchro PRO 4D-SPHERE on a daily basis. Find out more about our product range by calling: +49 (0) 6021 59070 !

TECHNICAL SPECIFICATIONS AND DETAILS

brainLight relaxTower PRO

Dimensions: L 23 cm x W 23 cm x H 90 cm
(approx. 9 x 9 x 35.4 inches)

Weight without/ with coin-operated machine:
13,4 kg / 14 kg

Color: TITAN or black, other colors upon request
(Surcharge: + 168,07 €)

- Display showing current program and remaining session time
- Integrated key pad
- Statistical survey: number of individual and total sessions
- Lockable compartment for coin removal and exchange of program card
- External payment systems upon request



Coin slot for various currencies or tokens



Lockable coin- or token compartment with turnover statistics



Integrated key pad showing current program and remaining time on display



DELIVERY CONTENTS

1 brainLight-4D-Shiatsu-Massage-Chair SPHERE and

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BASIC-PROGRAMS

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(TÜV* – German Association for Technical Inspections)

OPTIONS AND PRICES

brainLight relaxTower PRO 4D-SPHERE:

6.450,- € without coin-operated machine

6.800,- € with coin-operated machine

ADDITIONAL OPTIONS

Add program-sets of your choice:

One additional program-set: 334,45 €

Three program-sets at a discount-price of: 500,- €

Overlay available in all five colors to soften the intensity of the back massage: + 100,- €

All prices are net prices. Shipping costs excluded.

You and your staff can enjoy relaxing times with the **brainLight** relaxTower PRO 4D-SPHERE. Find out more about our product range (and other available options) by calling: +49 (0) 6021 59070 !

Relaxation technology Made in Germany! Repeatedly awarded international prizes.



brainLight®

LIFE IN BALANCE

www.brainlight.de

ENGLISH